

## Modules

### Patternmaking & Garment Construction:

NZ Academy of Fashion uses its own specially developed template as the basis for training. You will receive the Patternmaking Template, Text Book, Academy notes, extra pattern making adaptations, plus guide/info based on the Academy's experience with their in-house students. Tutors will support you throughout the course and will answer any question you may have via email / telephone.

#### In this Course you will learn to draft the following Blocks

- Skirt Block
- T Shirt Block
- Fitted Bodice/Dress Block & Sleeve Block
- Trouser Block

These are the basic shapes for women's wear and from this set of **Blocks**, a patternmaker can create most styles.

#### **BLOCK AND ADAPTATION MODULES:**

Once each **Block** has been mastered, the student will learn the different applications, adaptations & manipulations needed to create various styles.

Program and the Interaction between yourself and the Academy:

1. **The Block** - Using the NZAF system, the students will draft a block based on a standard upper chest size 4. This will be submitted to the Academy for assessment and feedback.
2. **Adaptations** - Once this is returned and feedback given, using the block, the student will work through the various adaptations, covering several techniques, and learn how to create different styles. On completion the Academy will request these patterns for assessment and feedback.
3. **Patternmaking & Theory Test** – The Student will be sent a fashion image of a garment, without instructions and required to draft the design in the time allocated. This pattern is to include: seam allowances and all relevant pattern markings.

Patternmaking and garment construction is interconnected. In order for the student to understand the relationship between flat patterns and the contours of a three dimensional human form, the student needs to construct a garment using a drafted pattern.

This will allow the student to evaluate the results of the pattern and begin to understand the different properties of various fabrics.

#### **GARMENT CONSTRUCTION MODULES:**

The next step is to construct a garment based on personal measurements. Draft a personalized block; make up a test garment to evaluate fit. Using your own design, style and construct a garment.

The pattern and garment will be sent to the Academy for assessment and feedback.

The following is a sample of the Skirt Block and Adaptations Module with all other Block Modules following the same format.

## SAMPLE MODULE – Patternmaking – Skirt

Approx. 3-6

months



### INTRODUCTION

- TOOLS: understand the use of the appropriate measuring, cutting and marking tools. -
- TAKING MEASUREMENTS – for a Skirt
- PATTERN INDICATION MARKS:
- BLOCKS & TEST GARMENTS:

### SKIRT BLOCK & ADAPTATIONS

**Skirt Block** - standard size

**Adaptations of the Skirt Block** - covering the following

- Asymmetrical skirts
- Wrap-over skirts
- Circular skirts
- Flared skirt
- Panel skirt
- Pleated skirt

**Covered in these adaptations will be the following techniques**

- Straight waistband
- Dart manipulation & pivoting
- Pleats
- Back vents
- Gathers
- Pockets
- Slash and spread

### ASSIGNMENTS TO BE SENT TO ACADEMY FOR MARKING;

- Skirt Block in standard size - 10
- Skirt Patterns, to be sent into the Academy every 3 – 4 Adaptations completed for assessment and feedback.

Once all patterns have been sent to NZAF, you will complete the following test:

- **Patternmaking Test** – You will be sent a fashion image of a skirt, without instructions and required to draft the design in the time allocated.

## Garment Construction

The following is a sample of the Skirt Construction Module with all other Construction Modules following the same format.

While this is optional and will not affect your patternmaking course, it is highly recommended that you do this portion of the course. Patternmakers need to understand how their garments go together and whether their designs “work” in reality.



### SAMPLE MODULE– Garment Construction - Skirt

#### Your design

Approx. 2--3 months

**INTRODUCTION** –Draft a pencil or A line skirt Block, or your own design

- Measurements - your own size, someone else, a mannequin or standard size

#### SKIRT

Include a **sketch** of the garment

- Trace off the block and using the skills you have acquired in Module 2 add your own design features
- Make up a toile in order to evaluate your design
- Construct and line **skirt** in **appropriate woven fabrics** of your choice.
- The skirt should incorporate the following
  - Zip (invisible or lapped)
  - Straight waistband or Facing
  - Darts or darts folded away into a yolk or flare
  - Appropriate hems and seam allowance
  - Lining - optional

**ASSIGNMENT** – to be sent to NZAF for Assessment Mark (please include measurements used)

- Drafted final skirt pattern
- Skirt
- Sketch or image design taken from

## Tutors:

Throughout all the Modules the tutors will answer any questions the student may have, by email and/or telephone( Monday-Wednesday 9am – 2pm)